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FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# TRAINED TO SAVE LIVES

## Lifeguard Certification Course (10 Participants Max) NEW BRITAIN-BERLIN YMCA

**WHEN:** Friday, May 28th 5pm-9pm  
Saturday, May 29th 10am-8pm  
Sunday, May 30th 10am-8pm  
(MUST ATTEND ALL CLASSES)

**PRICE:** \$350.00 (There will be NO refunds issued)

**Location:** New Britain-Berlin YMCA  
50 High Street  
New Britain, CT 06051  
860-229-3787  
ajordan@nbbymca.org  
\*MASKS REQUIRED  
\*MUST BE 15 YEARS OLD TO PARTICIPATE



**\*PRE-TEST:** All participants must pass to participate in course.  
Swim 300 yards (12 laps) continuously on front, tread water for 2 minutes using legs only, and complete a timed event within 1 minute 40 seconds (surface dive to retrieve a 10lb object).

Already certified? We will hold recertification courses on the following dates/times: 5/16, 5/22 & 5/23 10am-8pm.